

WestHolmesSoccerClub

WHSC Medical Emergency Plan

Medical Emergency Plan for injury/illness during practice or a game

- **For severe injury** (i.e. deformed limb, massive bleeding, head trauma, severe allergic reaction, loss of consciousness...)
 - O Stop play and move other players away from the injured player
 - o provide immediate first aid and continue to provide first aid until EMS arrives.
 - o Do NOT move player if he/she cannot move under own power
 - call or direct someone to call 9-1-1. Killbuck field's official name is "Killbuck Community Park." It is northwest of the intersection of US 62 and School Street (TR 89). It is across the street from the Killbuck Savings Bank Operations Center address: 9804 TR 89, Killbuck, OH 44637. Pomerene Hospital in Millersburg is the closest ER to Killbuck field.
 - direct a parent or responsible player to wait at the entrance to Killbuck field to guide EMS to injured/ill player
 - if needed, seek first aid assistance from spectators or from other games. (i.e. a doctor or nurse could be watching another game/practice)
 - o direct an adult to take control of the other players
 - o inform the player's parents if they are not already present
 - o once EMS arrives provide pertinent information to EMS
 - o if no parent is present then travel with player to hospital with EMS.
 - o If the injury is a concussion then follow the WHSC concussion Protocol.
- For less severe injury (i.e. bump, bruise, small abrasion, wind knocked out of player...)
 - Stop play and move other players away from injured player
 - Assist player off of field (it's a severe injury if player cannot move under own power)
 - Resume play/practice
 - Monitor player and treat as needed (i.e. ice pack or band aid)
 - If the injury is a possible concussion then follow the WHSC concussion Protocol in conjunction with this Medical Emergency Plan.
 - Be ready for this to turn into a severe injury (i.e. player loses consciousness or allergic reaction becomes severe)
 - If player seems unable to return to game/practice then inform parent
 - Use judgement in allowing player to return to game/practice. If it is questionable then get parent's permission.